TOPICS OF INTEREST

Edited by JULIA CHANDLER MANZ.

GIVE CHEER AND CHEER WILL COME BACK TO YOU

By JULIA CHANDLER MANZ.

nange. But never mild, my dear, the changes

By JULIA CHANDLER MANZ.

A youing woman writes me for saviet in a difficult strictation. She saya:

The area youing striwing we work out at the saviety of the same with the saving mother is always seld of his men. It is all due to father. He is man who never analyses or gives a pleasant with the saving mother is always belt of his man who never analyses or gives a pleasant with the saving mother to would be due to the same who never analyses of the same and the same who as plan, and I bring flowers home it the sale of the bount. The same was a young gift of the same who have been say to the same who wents to be boorish can't do so without towards to the same who wants to be boorish can't do so without towards, but it is that the same or woman who wants to be boorish can't do so without towards, but it is the same who we would stap a little longer before he cattered his send to real the same work would tap a little longer before he cattered his send to real the same work would tap a little longer before he cattered his send to real the same work would tap a little longer before he cattered his send to real the same work would the same work would the same to me that the sweet would tap a little longer before he cattered his send to real the same work would the same work woul

Hats for the South.

In the twee mind, my dear, the changes disposition allocation has wreather as in the conscious that there has been a sing.

Int never mind, my dear, the changes disposition allocation has wrought. The six of th

VANISHES

ONE POUND A DAY

BY NEW DRUGLESS METHOD \$5,000.00 IN GOLD IF SHE FAILS

Tens of Thousands of Grateful Patrons Proclaim This Wondrous Drugless Fat Treatment the Climax of Efficiency.

REDUCE FAT OUICK

SAFE and SENSIBLE

NO-DRUG

HOME TREATMENT

to Starvation Diet; No Dope; No Pills; No Polsons; No Swesting Jackets; No Sandages; No Rollers; No Elec-tricity; No Rerva-wrecking Gymnastics or Harmful Exercises; No Cupping Cups; No Soap; No Mental Heal-ing; No Mypnotism; No Feolishness.

TRUE SUCCESS AT LAST

RIBBON AND LACE TRIMMED



EGGLESS AND BUTTERLESS MENUS FOR TWO DAYS off, wrong alde out, then turned and pulled into ahape. Do not put them away folded.

BREAKPAST.
Stewed Figs and Prunes.
ried Salt Pork, Cream Gravy.
Vienna Relis. Drip Coffee.

Victima Review And American Plah Bails Saute, Tourt or Bread Sileka, Tourt or Bread Sileka, rant Dumphings, Brown Sugar Saher Tea, with Orange Sileca.

DINNER
Tomato Vegetable Boup
Baked Ham. Baked Potatoes.
Shredded Leaf Lettice. French Dre
Feaches with Lemon Cream. Nabl

II.
BREAKFAST.
Halved Grapefrult. Toust.
Postum Cercal.
Fried Dumplings, with Maple Strup.

LUNCHEON.
Tematoes and Rice. Nut Bread.
Jellied Apples. Cocca.

DINNER.

Pures of Tomate Scop.

Ham Rechauffe. Baked Onlong.

Asparagus Tips, Requefort Dressing.
Salted Peanuts. Stuffed Dates. Min Patties. Cafe Neir.

The only butter used in this menu is for breakfast and luncheon on bread served at that time. Follow the French custom of sever putting butter on the table at timer. Whenever bread is eaten at that meal it is eaten and butter.

Peaches with lemon cream-Sorv canned peaches very cold in all glasses and sep with a spocoful of stiffly whitpeed cream which has been sweetened and flavored with a speck of grated lemon.

The dessert on the second day is planned especially for the small members of the family, is a chapge, and also a "lift" to the busy house mother.

Out Out Design.

Out Out Design.

Binck and white is quite as fashionable newadays as when it first began
to be an important factor in the combination of colors in evening gowns and
failored suits. Frecks of white ince or
these, with cut out Gesigns, will again
be ween over black allk and satin slips.

WHAT LITTLE VERSE DID FOR A READER

Lines from Childish Lips Helped Her Fear

shade,
"God will take care of you be not afraid,
For He is your friend
and he will defend,
Yes, God will take care of you unto the
end."
V. W. H.

POEM THAT HAS HELPED

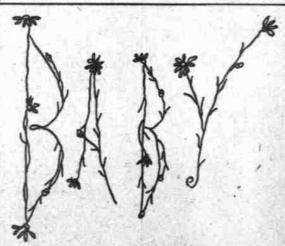
Editor's Nete-Every woman is intited in send me a cupy of the peem
neutrest and dearest to her heart-che
liftie verse that has given her fresh
courage in some dark hear, renewed
her hope, and uplifted her apirit. It
does not marter how obscure the
verses, so long as the thought contained in them to uplifting. The heartthrob peems sent me for this arries
will be published as fast as space permuta, and will furnish weary comman
who clips and areas them a collection
abe could obtain under no one heak
cover. In copying your favorite peem
for the arries, please write only on one
side of the paper.

(Published by regime.)
The cynics may that every ross
Is guarded by a thora which grows
To aged our posies.
But I no picosure therefore lack;
I keep my hands behind my back
When smelling roses.

The proved that Sodom's apple tarts Have askes as component parts For those who steak them. My soul no dislitusion seeks; I tove my apples rosy obseks. But never peel them.

Our ideals' feet are made of clay; So stony-hearted critics say With according mockings; My images are defined. Because I heep them well supplied With above and stockings.

FOR THE BABY'S PILLOW



A B-cent soup bone is used in the soup and a tablespion of hum drippings is used in the (constone and rice. Rich milk, which we tablespoon of condensed milk put in just before serving, is used in the sum of condensed milk put in just before serving, is used in the sulfable.

One notices more and more that beads are taking the place of artificial jewelry, and that all kinds of danity; little knick-knacks are being fashloned to meet up-to-date requirements in this direction. Culte new are some bow broothes made of dyed wooden beads and calcologies

Cuban Dish.

Unless upplies are very Juley, it is no becessary to dredge them with flour be-fore frying. Apples and bacon are parfore frying. Apples and bacon are ticularly tasty at this time of year.

Why Actresses Never Grow Old

Valentines, Big Variety, \$1 to \$2.98

THE BUSY CORNER

To Add Fresh Impetus to the Silk Sale-We Offer

5 KINDS OF SILKS. Worth up to at 39c

Quite an incentive for those women who have not as yet taken ad-tage of our few sate prices on silks for spring wear. Five different de-all good, "Nead: 15-inch PLAIN MESSALINE SILKS. 16-inch STEPPED MESSALINE SILKS. 16-inch STEPPED MESSALINE SILKS. 16-inch STEPPED TAPKETA SILKS. 13-inch STEPPED TAPKETA SILKS.

They are siles that you pay from Sec to sec a yard for usually, and they are niteworthy bargains at 30c a yard. Bargain Tables—Street Floor.



Women's \$2.50, \$3.00 and \$3.50 Shoes for

350 pairs of low and 150 pairs of high shoes left over from last season's selling. Broken sizes and odd lots, but not one pair worth less than \$2.50.

THIS WEEK, \$1.00

DENNIS & ELLIS. BROCKTON SHOE STORE 1303 F STREET

LOCAL CHARITY IN BEST CONDITION

Washington City Orphan Asylum Cares for the Parentless and Saves \$3,000 in Year.

Despite the high cost of living, the Washington City Orphan Asylum, Four-leenth and 8 streets inorthisest, which has housed, cared for, and edizated 13 percenties children in addition to many others destitute and homeless, during the last year, has awout nearly \$3.000, which is to be turned back into the treasury co-swell the endownant found.

This fact was made knywn resterday aftersoon by Mrs. S. W. Woofward, treasurer, who submitted her annual report to the board of managers at the annual menting in the chapel. Mrs. Aldis It Browner, recurding secretary, a fire annual restriction of the board of managers at the annual menting in the chapel. Mrs. Aldis It Browner, recurding secretary, the surface of the chapel of the surface of the chapel of the investigation of the chapel of the surface of the chapel of the surface of the chapel of th

Prochains

All the officers were re-effected as follows: Mrs. William M. Merrick, first directress; Mrs. I. L. Johnson, second directress; Mrs. I. L. Johnson, second

rectress; Mrs. I. M. Bruwp, recording socratary; Brs. V. T. Severa, corresponding secretary; and Mrs. S. W.
Woodward, treasurer. Besides the officers, His board of romangers include
Mrs. Wright Rivos, Miss Julia Strong,
Mrs. William V. Cox. Miss Londsley,
Miss Thadel, Mrs. L. M. Sounders, Mrs.

Jeologe N. Beal, Mrs. F. O. Richey, Miss

Stitismett, and Mrs. Coit.

The will of Capt. Richard Rish. U. S. N., relired, dated April S., 196, was filed for probate peterday. It is directed by the testator that the Rush family. Sibble be praisivered to the oldest main member of the Rush family. The rest of the property is deviced to the widow, Ellis Day Rush, who is also named as executive.

MR. DAOUD

The Well-Known Teacher and Palmist A reading of your hand by him will give you the most accorate lafter matter about your character, tal-

Fre for Readings; \$1.00. Studies, 1622 Q St. N. W. 'Phone North 1136, Hours: 11 a. m. to 7 p. m. No interviews on Sunday.

RED CROSS MEDALS DESIGNED.

Deeds in Service.

the board of managers include wright Rives, Alba Julia Strong.
Wilsiam V. Cox. Miss Landsley, Thuse roodals are to be awarded for insertisation for the service of the real part of the land of the service of the real part of the land o

Beauty of Hair and Skin Destroyed

(Dr. de Wertlie, in The Graphic,

THE 60T SF LINES IS THE LESS.

My friends were charitable and they believe the charitable and they are too fail to see and figure. The charitable are too fail to see and figure to the charitable and the charitable and to fail to see and figure. The charitable are too fail to see and figure to the charitable and to reduce your weight you must to fail to see and figure. The charitable and the charitabl

To reduce your weight you must too tat. Box engages with the catter, you must get at the carry reason. I FOUND THE CAUNE — THE REST WAS LAVE. Before I succeeded, I ried sterything within reason. I was muddlening disjusting. I was muddlening disjusting to the cause, and I swear under the cause of th